

SCHOOL BAG WEIGHT POLICY

Safe weight - healthy carrying - shared responsibility

Bag weight requirements

Families should check the total weight of the school bag, including books, lunch, water and all other contents.

Grade / Stage	Equivalent Year	Maximum Weight
KG1	FS2	2.2 kg
KG2	Year 1	2.4 kg
Grade 1	Year 2	2.6 kg
Grade 2	Year 3	3.0 kg
Grade 3	Year 4	3.4 kg
Grade 4	Year 5	3.8 kg
Grade 5	Year 6	4.1 kg
Grade 6	Year 7	4.5 kg
Grade 7	Year 8	4.8 kg
Grade 8	Year 9	5.0 kg
Grade 9	Year 10	5.4 kg
Grade 10	Year 11	5.8 kg

Bag Specifications and Transport

- **Trolley Bags (Wheeled):** Recommended to relieve back strain. They must have an adjustable handle, smooth rubber wheels and lightweight materials.
- **Backpacks:** Must have wide, padded straps. Students must wear both straps over both shoulders to distribute weight evenly.

Healthy Water Bottles

- **Allowed:** Lightweight, BPA-free plastic bottles.
- **Prohibited:** Glass containers are strictly forbidden to prevent breakage hazards. Heavy metal bottles are discouraged to reduce extra weight and trip risks.

Safety and School Tools

- **Sharp Objects:** Box cutters, utility knives and sharp metal geometry tools are strictly prohibited inside bags.
- **Safe Alternatives:** Use child-safe scissors with rounded tips, stored inside a protective pencil case.

Responsibilities of Staff and Administration

- **Flexible Homework:** Reduce daily book weight by using lightweight printed materials and digital platforms.
- **Storage and Monitoring:** Provide secure lockers and hanging scales in classrooms to monitor bag weights regularly.



Principal: _____